



Republic of the Philippines

Province of Pangasinan

Municipality of Calasiao

**MUNICIPAL HEALTH OFFICE**

**BASIC TRAINING FOR**

**NEW BARANGAY HEALTH WORKERS**

1. **IDENTIFYING INFORMATION:**

**Project Title:** Basic Training for New BHWs

**Program Component:** Primary Health Care and other Department of Health Programs

**Sector:** Newly Appointed Barangay Health Workers

**Coverage:** Municipality of Calasiao

**Implementing Agency:** Calasiao Municipal Health Office

**Funding Source:** Calasiao LIGA ng Mga Barangay (24 Barangays of Calasiao, Pangasinan)

1. **BACKGROUND RATIONALE:**

The Barangay Health Workers are community volunteers who are at the forefront of the delivery of health services in their respective barangays. They have been organized and undergone their Basic Training conducted by the Municipal Health Office and other related concerned health agencies, they are recognized and accredited by the Local Health Board and are tasked to assist the local government unit in promoting awareness on health concerns and its effect on the welfare and development of families and community.

However, some BHWs, especially the new ones, have not been given their BHW Basic Training. The Basic Training is a requirement for the accreditation of their BHW membership by the Local Health Board. They must have the knowledge, the positive attitude and the necessary skills to undertake their assigned activities in their barangays. The Basic Training will empower the BHWs to perform their three major roles in the community: as a Community Organizer, a Health Educator and a Health Service Provider.

1. **GOAL**

The goal of this training is to provide the new BHWs the necessary knowledge, acquire positive attitude and improve interpersonal community skills to become effective information providers and advocates of health program, projects and activities.

1. **CONTENT**

Topics for Discussion:

1. Roles and Function of BHWs
2. DOH and LGU Priority Health Thrusts
3. Care for Acute Respiratory Infections (CARI)
4. Control of Diarrheal Diseases
5. Safe Motherhood and Family Planning
6. Pre-Natal Care\
7. Post-Partum Care
8. Breast Feeding
9. Expanded Program for Immunization (EPI)
10. Family Planning
11. Child Growth and Development Monitoring
12. Nutrition for Children
13. Common Infectious Diseases
14. Basic Facts About Tuberculosis
15. Primers on Dengue Fever, Typhoid Fever and Leptospirosis
16. **METHODOLOGIES:**
17. Lecture/discussion
18. Demolition/Return Demonstration /Practicum
19. Small Group Workshop
20. **REQUIREMENT:**
21. Active Participation
22. Punctuality and Attendance
23. **STAFF/PARTICIPANTS**
24. Participants are BHWs who are:
25. Newly appointed but not accredited BHWs
26. BHWs still without Basic Training (if their PBs will allow them and shoulder their training fee)
27. Actively participating in community health activities
28. Municipal Health Office Staff and other resource persons (from CHD and PHO)
29. **OPERATING DETAILS:**
30. Duration: 2 days per Batch

Date: August 3-4, 2011 First Batch

August 10-11, 2011 Second Batch

Venue: Third Floor, Calasiao Municipal Building

No. of Batches: *2*

1. Training materials: LCD projector, laptop computer, envelope, manila paper/newsprint, cartolina,. pentel pen, ballpen, paper, white board, white board markers, pictures,

**S E S S I O N P L A N**

|  |  |  |  |
| --- | --- | --- | --- |
| **TIME** |  | **DAY 1** | **DAY 2** |
| 8:00- 8:30 | A.M. | Arrival/Registration  Opening Program | Arrival/Registration |
| 8:30 – 9:00 | Leveling of Expectations and Overview of the Training –  Mr. Robert Padilla | Roles and Functions of BHWs – Dr. Jesus Arturo P. de Vera |
| 9:00-10:00 | Control of Diarrheal Diseases, etc.–  Dr. Jesus Arturo P. de Vera | Basic Facts About Tuberculosis– Mrs. Milrose U. Caburain |
| 10:00- 10:15 | *A.M. Snacks* | *A.M. Snacks* |
| 10:15- 11:00 | Pre-Natal Care –  Dr. Cristina P. Estrada | Child Growth and Development Monitoring– Mr. Robert Padilla |
| 11:00- 12:00 | Plenary Discussion | Plenary Discussion |
| 12:00- 1:30 |  | *Lunch Break* | *Lunch Break* |
| !:30- 2:15 | P.M. | Post-Partum Care –  Mrs. Lolita A. Quinto | Family Planning –  Mrs. Regilina P. David |
| 2:15 – 3:00 | Breast Feeding –  Mrs. Regilina P. David | Nutrition for Children–  Mrs. Lolita A. Quinto |
| 3:00-3:15 | *P. M. Snacks* | *P. M. Snacks* |
| 3:15 – 4:00 | Care for Acute Respiratory  Infections –  Mrs. Milrose U. Caburain | Expanded Program for Immunization –  Dr. Cristina P. Estrada |
| 4:00 - 5:00 | Plenary Discussion | Plenary Discussion |

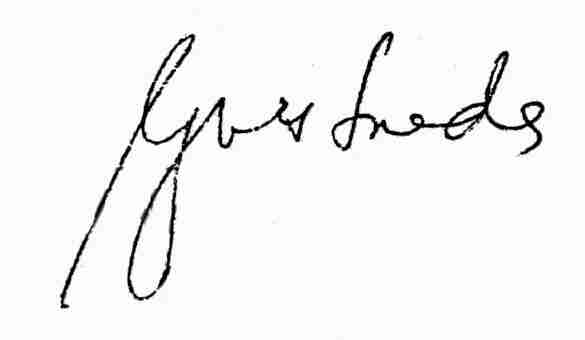
1. **BUDGET REQUIREMENT**

|  |  |  |  |
| --- | --- | --- | --- |
|  | No. of BHWs Trainees | 116 |  |
|  | Training Fee per BHW | 1,500.00 |  |
|  | TOTAL AMOUNT= | **P 174,000.00** |  |
|  |  |  |  |
| Total No. of Participants: | 58 | per batch |  |
| Total No. of Facilitators: | 14 |  |  |
| Total No. of Trainors: | 6 |  |  |
|  | 78 |  |  |
|  |  |  |  |
| Budget for lunch and 2 snacks | 300.00 | /participant per day | |
| x | 78 | participants | |
|  | 23,400.00 |  |  |
|  |  |  |  |
| Trainors honorarium: | 1,500.00 |  | |
| x | 6 | trainors | |
|  | 9,000.00 |  |  |
|  |  |  |  |
| Subtotal per day | P 32,400.00 |  |  |
|  | 4 | Days (2 Batches) |  |
|  | **P 129,600.00** |  |  |
|  |  |  |  |
| Training Materials | 344.00 | /participant |  |
| x | 112 | participants |  |
|  | **P 38,528.00** |  |  |
|  |  |  |  |
| Secretariat Expenses | 5,000.00 |  |  |
| Miscellaneous | 872.00 |  |  |
|  |  |  |  |
|  | TOTAL AMOUNT= | **P 174,000.00** |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | Training Materials: | | | | | | |
|  | | 1. Certificates | 30.00 |  | Xerox: |  |  |
|  | | 2. Pen | 30.00 |  | 10 | pages |  |
|  | | 3. Pencil | 14.00 |  | 10 | Topics |  |
|  | | 4. Plastic Envelope | 45.00 |  | 100 | pages/participant | |
|  | | 5. Xerox Notes | 225.00 |  | 2.25 | xerox per page | |
|  | |  | 344.00 |  | 225.00 |  |  |

1. **LEGITIMIZATION**

A certificate of training will be issued to all who successfully comply with training requirements and their names will be submitted for accreditation to the Local Health Board which will endorse the names of the accredited BHWs to the Office of the Municipal Mayor, Municipal Budget Office, Municipal Accounting Office and the Municipal Treasurer’s Office.



Prepared by:

DR. JESUS ARTURO P. DE VERA DR. CRISTINA P. ESTRADA

Municipal Health Officer Rural Health Physician